

# Maggie Ellis, Global Partner, Authentic Business Group CIC

My professional focus and passion is to create organisational health and maximise the potential of high performing teams. I have over 30 years' leadership experience in the public, private and 3<sup>rd</sup> sector. With a background in psychology, I have been working as a consultant and Executive coach since 2008. I provide large-scale and tailored workshops, often with a blended learning approach. I specialise in Top Team alignment and large scale culture transformations. I have worked primarily with global corporates across a wide range of business sectors.

## My Life Purpose and Values

- My life purpose is "Igniting Purpose". I love connecting people and businesses to their deeper energy and seeing them come alive.
- My top seven VIA Character Strengths are:  
Judgment, Spirituality, Appreciation of Beauty & Excellence, Love, Gratitude, Fairness, and Honesty

## Experience

- I am a UKCP accredited Psychotherapist.
- I am a Senior Affiliate at Aberkyn, a McKinsey company, specialising in the human dynamics of transformational change.
- Prior to Aberkyn, I worked for 8 years with Cattle Consulting, running leadership development programmes in Scotland for senior leaders of large companies.
- I have worked as an Executive coach for over 10 years, both with individuals and as a team coach, with top teams, working with all members individually and also collectively.
- I was founding Director of a charity for 16 years, supporting individuals and families who have suffered sexual abuse.
- I run my own business, which provides coaching and leadership development to businesses.
- I hold a 2:1 undergraduate degree in History and Education, studied at Cambridge University, UK, gained a postgraduate Certificate in Education, then went on to study psychotherapy at postgraduate level, specialising in trauma, neuroscience, body psychotherapy, systems and relationship work.

## Beyond AB

- I live with my husband in West Sussex, England. We have two young adult children. We own a 40-acre lake at the bottom of our garden, which we run as a fishing syndicate; alongside the gardening we do to keep our environment beautiful, the fishing business keeps us endlessly outdoors!



Enabling teams to become greater than the sum of their parts is my strong contribution. Bringing awareness to leaders of how to grow, raise their impact and follow their 'north star' is my passion.

I bring depth without intensity, challenge with warmth, and a safe psychological context in which to experience transformational interpersonal work, and to shift mindsets and cultures.

